



The Art & Science of Coaching



Upcoming Courses

Change the world *one conversation at a time* by becoming a coach with Erickson's world-renowned **The Art & Science of Coaching™** Program.

Walk away with:

- An internationally recognized coach training qualification accredited by the International Coaching Federation (ICF)
- A connection to a community of global change-makers passionate about human transformation
- Coaching skills based on neuroscience, positive psychology and 40 years of tested methodology
- A learning experience that has engaged you on all levels and aligns with what is important to you
- The experience of being able to learn, practice and grow with a cohort of diverse individuals from across the globe
- Competencies that will elevate your overall communication and leadership abilities



PROGRAM COMPARISON

Which path is best suited for you?

The Art & Science of Coaching™

Erickson's program pathways	Level 1	Level 2
Erickson qualification	Erickson Accredited Coach (EAC)	Erickson Certified Professional Coach (ECPC)
Suitable for	<ul style="list-style-type: none"> · Individuals seeking a foundational coaching skills to begin coaching quickly · Individuals who are eager to receive a credential from the ICF · Individuals who want to become better leaders and communicators by adding a coaching to their skillset 	<ul style="list-style-type: none"> · Individuals wanting a comprehensive coach training that advances beyond the foundational skills · Individuals wanting to become organizational and/or independent professional coaches · Individuals interested in receiving a higher-level credential from the ICF
Schedule options	<p>Live Coach Training</p> <ul style="list-style-type: none"> · Once or twice a week <p>Mentoring</p> <ul style="list-style-type: none"> · Group sessions once a week · Individual sessions scheduled directly with mentor 	<p>Live Coach Training</p> <ul style="list-style-type: none"> · Once or twice a week <p>Mentoring</p> <ul style="list-style-type: none"> · Group sessions once a week · Individual sessions scheduled directly with mentor · Oral assessment recorded in own capacity
Program duration	<p>Once a week</p> <ul style="list-style-type: none"> · Between 6 and 7 months <p>Twice a week</p> <ul style="list-style-type: none"> · Between 5 and 6 months 	<p>Once a week</p> <ul style="list-style-type: none"> · Between 11 and 16 months <p>Twice a week</p> <ul style="list-style-type: none"> · Between 6 and 12 months



Components required

	<p>The Essentials Course (Parts 1 & 2)</p> <ul style="list-style-type: none"> • 16 x 3.15 hr online or • 8 days onsite <p>+</p> <p>The Level 1 Mentor Bundle</p> <ul style="list-style-type: none"> • 2 x 3.45 hr group mentoring and • 3 x 1:1 mentoring and • 1 x oral assessment 	<p>The Essentials Course (Parts 1 & 2)</p> <ul style="list-style-type: none"> • 16 x 3.15 hr online or • 8 days onsite <p>+</p> <p>The Advanced Course (Parts 1 & 2)</p> <ul style="list-style-type: none"> • 16 x 3.15 hr online or • 8 days onsite <p>+</p> <p>The Level 2 Mentor Bundle</p> <ul style="list-style-type: none"> • 1 x 4.20 hr group mentoring and • 6 x 1:1 mentoring and • 1 x oral assessment
<p>ICF Program Accreditation</p>	<p>Level 1 - formally ACSTH</p>	<p>Level 2 - formally ACTP</p>
<p>ICF Coach Credential (Designations)*</p>	<p>ACC (Associate Certified Coach)</p>	<p>ACC (Associate Certified Coach) or PCC (Professional Certified Coach)</p>

* The ICF Credential application includes requirements in addition to the completion of an accredited coach training in order to successfully be awarded one of their credentials.

Erickson Coaching International is a global coaching education company that delivers both onsite and online courses around the world. Erickson Coaching International proudly offers our programs in the following languages: English, French, Mandarin, Portuguese, German, Czech, Indonesian, Italian, Norwegian, Serbian, Turkish, Ukrainian